

## Diocese of Broken Bay

Parish Priest: Fr Jim McKeon  
[Jim.McKeon@bbcatholic.org.au](mailto:Jim.McKeon@bbcatholic.org.au)

Assistant Priest: Fr Aldrin Valdehueza  
[Aldrin.Valdehueza@bbcatholic.org.au](mailto:Aldrin.Valdehueza@bbcatholic.org.au)

### Our Lady Help of Christians'

31 Oxford Street, Epping

### St Gerard Majella's

543 North Rocks Road, Carlingford

### Phone

02 9876 2853

### Website

[eppcarl.org.au](http://eppcarl.org.au)

### Email

[eppcarl@bbcatholic.org.au](mailto:eppcarl@bbcatholic.org.au)

### Giving

#### Click here for:

[Weekend Mass Times](#)

[Weekday Mass Times](#)

[Exposition of the Blessed Sacrament](#)

[Sacrament of Reconciliation](#)



## Readings

**29 JUNE 2025**

Acts 12:1-11

2 Timothy 4:6-8, 17-18

Matthew 16:13-19

**6 JULY 2025**

Isaiah 66:10-14

Galatians 6:14-18

Luke 10:1-12, 17-20



## The Catholic Parish of Epping & Carlingford



CONNECT



WORSHIP



GIVE



SERVE

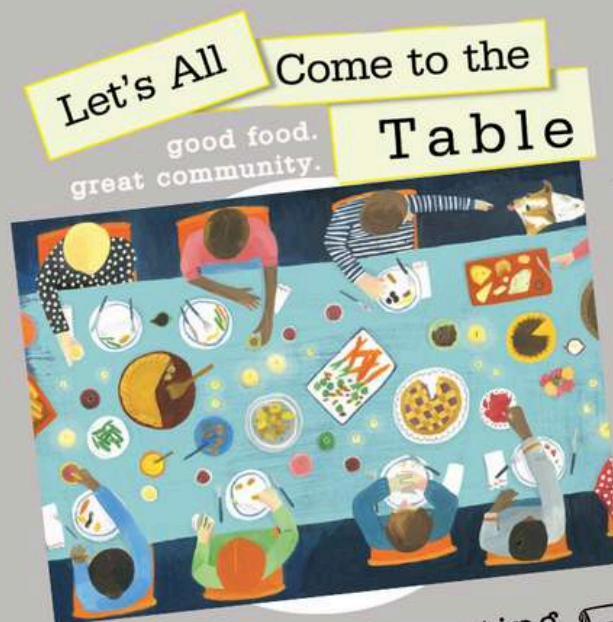


GROW

YEAR C

29 JUNE 2025 SAINTS PETER AND PAUL (S)

6 JULY 2025 FOURTEENTH SUNDAY IN ORDINARY TIME





You are invited  
to our

### Community Dinner!



Hey, it's free!

**EVERYONE**  
is welcome here!

Every Thursday, 6pm  OLHC Church  33, Oxford Street,  
Parish Centre Epping 2121

**Community Dinners** are now on every Thursday night, 6pm – 7pm at OLHC Parish hall. Do you eat alone most nights? Then this is for you. Our Community Dinners are for anyone who would like to share a meal in company, whether they are Catholic or not. We hope there will be a diversity of single people and families, young and old who come to share in this community. We are intentionally **family friendly**, so there is no alcohol at the dinners, and no smoking anywhere on church and school grounds.

We want to create an atmosphere conducive to meal time conversation in contrast to a culture where many people eat on the run.

Maybe you have family but they live away. Maybe you're in an in-between time in your life. Or maybe there's someone who is on their own whom you'd like to invite. Invite them, and come along with them.

Access via the carpark or Oxford St. Dinner will be prepared by our parish volunteers and food will be labelled so people with food allergies can choose what is best for them.

*We are looking forward to this! All welcome.*



t h a n k y o u

**Bells:** Thank you to Charles Barton who has donated new altar bells to OLHC Church in memory of his wife, Elizabeth. Remember her in prayer when you hear the beautiful, ethereal tone of the bells at Mass.

## INVITATION TO FORMATION, DEVOTIONS & DISCIPLESHIP

What in life  
brings you  
peace?

Alpha

#Alpha

**What Is Alpha?** Alpha is a series of interactive sessions that explore the basics of the Christian faith in a friendly, open, and informal environment. It's a place to connect with others, ask big questions, and share your thoughts - no pressure, no judgment. Each session includes:

- A meal or refreshments (because food brings people together!)
- A short talk or video on a key topic of faith
- A small group discussion where you can say anything or nothing at all

Whether you're new to Christianity, curious about faith, or looking for a fresh start, Alpha is for you. Everyone is welcome.

**Come and see what it's all about. You might be surprised.**



Scan to Register

**Join us at:**

Our Lady Help of Christians Parish Hall  
33, Oxford Street, Epping NSW 2121

**Friday 18<sup>th</sup> July, 7pm - 9:30pm**

Enquiries: [alpha@eppcarl.org.au](mailto:alpha@eppcarl.org.au)

## OUR LADY OF MOUNT CARMEL



"One day through the  
ROSARY and the  
SCAPULAR, I will save  
the world"

Our Lady to St.Dominic

## Brown Scapular Enrolment

### EPHING

Wednesday, 16<sup>th</sup> July  
09:30 am mass

### CARLINGFORD

Thursday, 17<sup>th</sup> July  
09:30 am mass

More information is available in pamphlets at the back of the church.

## AN INVITATION TO VIEW A MOVIE -THE LETTER-



THE LETTER is a documentary featuring Pope Francis and his call to hear both the cry of the earth and the cry of the poor. It builds on the teaching of Pope Francis' letter to us, *Laudato si'*.

**REGISTER FOR ONE OF THESE SESSIONS**

*Forms are at the entrance of each Church*

**19 August 7pm - 9pm at OLHC Epping**

**21 August 7pm - 9pm at St Gerards**

**25 August 10am - 1pm at St Gerards Carlingford**

**27 August 10am - 1pm at OLHC Epping**

THE LETTER runs for 80 minutes. Our time together will include time for refreshments, reflection, conversation and how we might take action together as a parish community.



## KidzPlay OLHC Playgroup

Every Wednesday 9:45am  
during school term



Our **KidzPlay Playgroup OLHC** is going very well, full of happy kids and friendly mums and dads! If you have a preschooler, come join us **during school term**! Our last session for this term is on Wednesday 2<sup>nd</sup> July, after which we resume on the first Wednesday in Term 3.

- Where - OLHC Parish Hall
- When - Wednesdays 9:45 to 11:30 am

Contact Christine Carpio 0414 753 799 for enquiries.



*Together,  
We make a  
Difference*

**Volunteering:** Thank you to the many people who filled out a yellow volunteer form at OLHC or a pink form at St Gerard's. Your names have been given to our ministry leaders who will now contact you directly to invite you to join a ministry. If you've got your form at home, bring it in this week or scan and email to [eppcarlvolunteer@bbcatholic.org.au](mailto:eppcarlvolunteer@bbcatholic.org.au), or pick up a new form from the back of the church.



*"Ten years ago, Pope Francis signed the Encyclical Letter Laudato si', devoted to care for our common home. It has had an extraordinary impact, inspiring countless initiatives and teaching everyone to listen to the twofold cry of the Earth and of the poor, I greet and encourage the Laudato si' movement and all those who carry on this commitment." Pope Leo XIV 25 May 2025*

### SOME REFLECTIONS FROM PARISH LAUDATO SI' READING GROUPS

...for me as a Christian, the document helps me to connect my faith and ecology.  
It also inspires me to take more serious steps to care for the Earth.

*In chapter 6, Pope Francis points out the need for an 'ecological conversion' among Christians (including the prayerful, committed Christians). I think it's very true, but it is a journey - a journey of attitude change that starts from the recognition that the world is a free and loving gift from God ...*

## Parish Office Address

Parish Centre, 33 Oxford Street, Epping NSW 2121  
(car park entry via 6 Cambridge Street)

## Parish Office Hours

Monday to Friday - 8:30am to 3pm

## Parish Team

### Parish Secretary

**Marcella Letteri** Ph: 9876 2853

Email: [Marcella.Letteri@bbcatholic.org.au](mailto:Marcella.Letteri@bbcatholic.org.au)

### Business Manager

**Deacon Richard Houwing** Ph: 9876 2853

Email: [Richard.Houwing@bbcatholic.org.au](mailto:Richard.Houwing@bbcatholic.org.au)

### Admin. Assistant

**Michael Davies** Ph: 9876 2853

Email: [Michael.Davies@bbcatholic.org.au](mailto:Michael.Davies@bbcatholic.org.au)

### Coordinator of Sacramental Programmes, Children's Ministries & Parish Communications

**Lynn Siau** Ph: 9876 2853

Email: [Lynn.Siau@bbcatholic.org.au](mailto:Lynn.Siau@bbcatholic.org.au)

### Youth Ministry Coordinator

**Holly Lawton** Ph: 0404 710 588

Email: [Holly.Lawton@bbcatholic.org.au](mailto:Holly.Lawton@bbcatholic.org.au)

### New Parishioner Engagement Coordinator - St Gerard's

**Belinda Shi** Ph: 0414 753 362

Email: [Belinda.Shi@bbcatholic.org.au](mailto:Belinda.Shi@bbcatholic.org.au)

### New Parishioner Engagement Coordinator - OLHC

**Christine Carpio** Ph: 0414 753 799

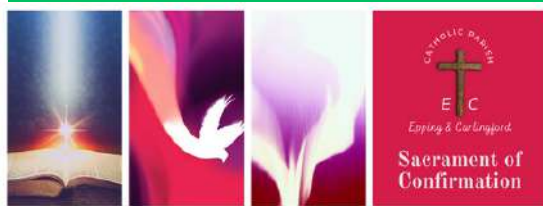
Email: [Christine.Carpio@bbcatholic.org.au](mailto:Christine.Carpio@bbcatholic.org.au)

### Sacristan - OLHC

**Dennis Porteous** Ph: 9876 2853

Email: [Dennis.Porteous@bbcatholic.org.au](mailto:Dennis.Porteous@bbcatholic.org.au)

## SACRAMENTAL PROGRAMME AND CHILDREN'S MINISTRIES



### 2025 CONFIRMATION

For children in Year 3 & above who are baptised

Confirmation will be celebrated by Bishop Anthony at our parish this year on Thursday 25th September. Enrolment commences 1st July. Please contact Lynn (details below) for enrolment.

Kidz Word at both churches will be on a break from 6<sup>th</sup> July during school holidays. We will see you again in Term 3!

### Reflections of 2025 First Eucharist Celebrations

**My First Holy Communion Journey:** Over the last few weeks, I really enjoyed preparing for my First Holy Communion with Lynn and my group. We learned that Holy Communion is the presence of Jesus in us - the body of Christ, food for life. I loved all the activities, discussions and the fun videos that helped me understand what we were learning. We prayed together and listened to amazing bible stories, learning to have faith and be more like Jesus.

Last Sunday was a very special day. I felt nervous and excited at the same time. When I received the Eucharist for the very first time, I felt a rush of happiness inside me. It was like Jesus was actually in me. I felt peaceful and calm, and my family told me I couldn't stop smiling all day.

~Anya S. (Age 9)

In the quiet of a Saturday afternoon at St Gerard's Primary School, I spotted some gorgeous balloons as I took a walk through the car park down the driveway...



What an enormous effort in preparation for the First Eucharist morning tea after Sunday Mass last 2 weeks. Thank you, St Gerard's school families for hosting this annually. All the effort

and painstaking details have not been missed!

"Beautiful job!"

"Stunning setup!"

"So much effort! Please thank them for us."

"We really appreciate the effort!"

"The kids felt so spoilt and loved! Thank you!"



Wonderful team of school parents!



**Lynn Siau** -Coordinator of Children's Ministries,  
Sacramental Programme & Parish Communications  
[Lynn.Siau@bbcatholic.org.au](mailto:Lynn.Siau@bbcatholic.org.au) or phone 9876 2853

## COMMUNICATIONS

**Article submission deadline:** If you would like to submit an article from your ministry for inclusion in the next edition of our parish bulletin, please send it to [Lynn.Siau@bbcatholic.org.au](mailto:Lynn.Siau@bbcatholic.org.au) before **10am on Wednesday 9th July 2025**. Kindly understand I am unable to accommodate late submissions. Please send in a Word document. Photos or graphics are acceptable in PNG or JPEG format. Do note that PDFs will have to be reformatted and the clarity of your notice will be compromised. Remember to provide an email address, a contact name and number in your article. Thank you.

Other ways to connect:



FACEBOOK



INSTAGRAM

**eBulletin:** If you know someone who would like to receive the electronic version of the bulletin, please forward this link for them to fill in via a desktop, the form on our website: [bbcatholic.org.au/epping-carlingford/news-events/parish-newsletter](http://bbcatholic.org.au/epping-carlingford/news-events/parish-newsletter)



## YOUTH MINISTRIES

# INTERPARISH SPORTS DAY



July 6 2025 | 09:30am -3:30pm



Our Lady of the Rosary Cathedral Waitara

Contact Holly for a Permission Note  
[Holly.Lawton@bbcatholic.org.au](mailto:Holly.Lawton@bbcatholic.org.au)



Our **Interparish Sports Day** is coming up on Sunday 6 July at Our Lady of the Rosary Cathedral in Waitara. Get your friends and be ready to play epic games of Basketball, Volleyball and Soccer to lead our parish to victory! Contact Holly for a permission note.



**Antioch** Youth Group (Yr10 – 23 Yrs old) meets weekly on Sundays from 6:00pm-8pm at St Gerards. Last Sunday we had our parents and families evening, bringing together our wider community to share and experience an Antioch Night. It was wonderful to build connections with the families of our Antioch group. We welcome any parishioner of Antioch age to join us at our next meeting so we can keep building community in our parish.



**Cana** Youth Group met for the final time this term on Friday 27<sup>th</sup> June from 7:30pm-9:00pm for a Movie Night. If you are in year 7-9 we welcome you to join us at Cana next term with dates for T3 to be announced soon. In the holidays we will also have a day trip on 15 July to strike bowling at Macquarie centre. If you are interested in attending this, please send your expression of interest to Holly at [Holly.Lawton@bbcatholic.org.au](mailto:Holly.Lawton@bbcatholic.org.au)



**Emmaus** Young Adults (23-30) continues to meet fortnightly on a Thursday 6:30pm-8:00pm at Our Lady Help of Christians Church in Epping. We welcome you to join us for our next meetings on Thursdays 10 and 24 July.



## GIVING

**End of Financial Year:** With the end of the 2024/2025 financial year approaching, we give an advance word of thanks to our generous parishioners who have supported the parish and our various appeals this past year. Receipts for your giving will be prepared in the coming weeks and available for you by the end of July.

*Thank you*

## Peter's Pence - 6<sup>th</sup> July



“ Together, we must look for ways to be a **missionary Church**, a Church that builds **bridges** and encourages **dialogue**, a Church ever open to **welcoming** like this Square with its open arms ”

*Leo P.P. XIV*

On Sunday 6<sup>th</sup> July we will be taking up the Vatican's annual **Peter's Pence Collection**. The Peter's Pence Collection provides for the charitable works of mercy identified by His Holiness, Pope Leo XIV, including emergency assistance to those in need due to natural disaster, war, oppression and disease. Your generosity allows the Holy Father to respond to those suffering with love and compassion. You can make a gift using the Peter's Pence collection envelope available in the pews on the day. Thank you for your generosity.

## MORE PARISH NOTICES

**Youth Counselling:** We are proud to be welcoming not-for-profit youth counselling service KYDS who will be offering services out of our interview room at OLHC in the coming weeks. See [kyds.org.au](https://kyds.org.au)



A gentle reminder that **St Gerard's Healing Mass** will be on **Tuesday 1<sup>st</sup> July, 10am in the meeting room**. Come join us to pray for yourself and others who are sick, and join us for morning tea. A plate to share would be welcome. Should you require transport please contact Carole Wilson at 9869 1036.

**Nametag Sunday:** Gentle reminder it is Nametag Sunday this weekend, **5<sup>th</sup>/6<sup>th</sup> July**. All Masses. Come with your own nametag or use the labels we provide at the entrance to both churches. Our hospitality team will assist you with huge smiles!



## Photos of our parishioners participating in Walk with Christ on Corpus Christi Feast Day





**NATSICC Sunday July 6<sup>th</sup>:** The National Aboriginal and Torres Strait Islander Catholic Council is an advisory body to the Australian Catholic Bishops Conference. NATSICC Sunday reminds us of the history of Catholic ministry to First Nations people in Australia, of the 135,000 Aboriginal and Torres Strait Islander people who are Catholic, and of the continual journey of reconciliation on which the whole Australian Church is invited. We here in Epping Carlingford Parish acknowledge the Wallumadegal and Burramattagal peoples who are the custodians the land on which we gather.

## NEWS FROM OUR PARISH SCHOOLS

**St Gerard's Primary Whole School Jubilee Mass:** On Thursday, 26th June, St Gerard's Primary celebrated this year's Jubilee with a whole school Mass. Our Year 3 students played a special role in leading the Mass. At the beginning, they introduced the theme of this year's Jubilee, "Pilgrims of Hope," to the school community. The Mass was filled with heartfelt prayers and beautiful songs. At the conclusion of the Mass each student received a Jubilee badge and their own Jubilee prayer card as a keepsake of this 'Year of Hope'. This special occasion helped everyone understand the importance of Jubilee in our Catholic tradition.



**OLHC Year 6 Leadership Day:** On 10<sup>th</sup> June, Year 6 joined all the Year 6's from the Broken Bay Diocese to participate in a special Leadership Day via video link. The day included a liturgy and a range of activities that promoted connections and time to reflect on how students can demonstrate leadership qualities. Bishop Anthony and Mr Danny Casey spoke to students about how we can draw on the inspiration of Mary to become leaders who care deeply about others and make decisions that are right and just. As Mary said 'yes' to be the mother of Jesus, putting herself in the hands of God, good leaders are open to be giving of their time, skills and knowledge to help guide those around them.

## OTHER NEWS AND EVENTS

### Celebrations this Week

#### Ordinary Week 13

30 June Mon: *The First Martyrs of the Holy Roman Church*

3 July Thur: **St Thomas**

4 July Fri: *St Elizabeth of Portugal*

5 July Sat: *St Anthony Zaccaria*

#### Ordinary Week 14

7 July Mon: *Blessed Peter to Rot*

9 July Wed: *St Augustine Zhao Rong and companions*

11 July Fri: *St Benedict*

### Pope's Prayer Intention for July 2025



During the month of July, Pope Leo invites us to pray for formation in discernment. Let us pray that we

might again learn how to discern, to know how to choose paths of life and reject everything that leads us away from Christ and the Gospel.

A promotional graphic for the Broken Bay Jubilee Pilgrimage of Hope. It features a large image of a church facade and a statue of a person. Text includes 'LIMITED places available', 'Broken Bay Jubilee Pilgrimage of Hope', 'mission@bbccatholic.org.au', 'ROME and ASSISI', and '1 - 10 October 2025'. There is also a QR code and a handwritten-style phrase 'Once in a lifetime journey!!'.



**Gospel Acclamation: Alleluia, Alleluia!**

You are Peter, the rock on which I will build my Church; the gates of hell will not hold out against it.

**WEEKEND MASSES**

<b>Epping</b>	<b>5:00pm Vigil, 8:30am, 10:15am (Family/Children) and 7:00pm (Youth)</b>
<b>Carlingford</b>	<b>6:00pm Vigil, 7:45am, 9:30am (Family/Children) and 5:00pm (Youth)</b>

**WEEKDAY MASSES**

	<b>Mon.</b>	<b>Tues.</b>	<b>Wed.</b>	<b>Thur.</b>	<b>Fri.</b>	<b>Sat.</b>	
<b>EPPING</b>	-	6:00pm	9:30am	-	-	8:00am	
<b>CARLINGFORD</b>	9:30am	-	-	9:30am	9:30am	-	

**EXPOSITION OF THE EUCHARIST: Epping** Tuesday 5:00-6:00pm and Saturday 8:30-9:00am

**Carlingford** Thursday 10-10:30am

**SACRAMENT OF RECONCILIATION: Epping** Tuesday 5:00-6:00pm and Saturday 8:30-9:00am

**Carlingford** Thursday 10-10:30am and Saturday 5:15-5:45pm, **OR BY APPOINTMENT** at either church

**BAPTISMS AND WEDDINGS: BY APPOINTMENT**

**POSTAL ADDRESS FOR THE PARISH OFFICE:** PO Box 369, Epping NSW 1710

**ST GERARD'S PRIMARY SCHOOL: PH - 7256 2140 Email - sgc@dbb.catholic.edu.au**

**OUR LADY HELP OF CHRISTIANS' PRIMARY SCHOOL: PH - 9868 3322 Email - olhc@dbb.catholic.edu.au**



**Healing Mass: 1st Tuesday of the month, 10am at St Gerard's Meeting Room, Carlingford**

*Please pray for.....*

**For those who are sick and suffering (new requests):**

- Sr Rosalie Carlon
- Kevin Saul (Marie Saul's nephew)
- John Letteri (Marcella's husband)
- Anita Hofmann
- Greg Forrester
- Elaine Finlayson
- Graham Kelly
- Stephen Last
- Margaret Coonan



Thank you for your faithful prayers. Our brothers and sisters in need are surely strengthened by them. Our parish Prayer Ministry also has a private group on Facebook where you can post your requests directly or email us to do so. Please feel free to join this private group if you would like to pray for someone or for your own intentions: <https://www.facebook.com/groups/2660800900909668> or via QR code on the right.



**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**

**Recently deceased** - Lynne Elwyn-Saul, Barry Keogh (Anne Kilby's brother), Leannedra Kang, Takahiro Toya, John Day, John Van Den Elzen

*Vale John Van den Elzen, long time church warden at St Gerard's.*

*His funeral will be at Castlebrook Cemetery chapel on Thursday 3rd July at 1pm.*

**Anniversaries & Remembrance** - Basil Connors, Patrick Flanagan

**14th Sunday in Ordinary Time - 6 July 2025**

Ps 65:1-7, 16, 20 Response: Let all the earth cry out to God with joy.

**Gospel Acclamation: Alleluia, Alleluia!**

May the peace of Christ rule in your hearts, and the fullness of his message live within you.